BEFORE



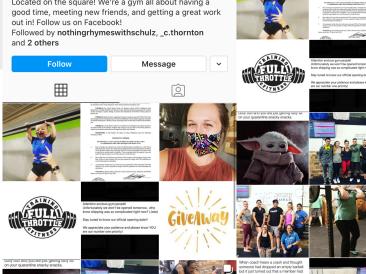
Posts

128 Followers

143 Following

Full Throttle Training&Fitness

Located on the square! We're a gym all about having a



Client 1 Gym

Liz has absolutely revamped our Instagram page! It's like our social media came alive!! I'm completely in love with the way our page looks! It represents us with every post, comment, bio, and look! I can't believe how much more involvement we have in our page since Liz took over for only ONE month! Liz is the easiest person to work with! She respects you and your business! She did a phenomenal job conveying our mission statement with every single person who looks at our page! I thought I had an decent page before, but now it's on a different level!! I can't recommend Liz enough!! She's trustworthy, respectful, FUN, creative, dedicated, and capable!

- **OPTIMIZED BIO**
- STORY HIGHLIGHTS
- COHESIVE FEED **INCLUDING BRAND COLORS**
- INCREASED AMOUNT OF **FOLLOWERS**
- INCREASED **ENGAGEMENT**

